Student Support and Advocacy

The Student Support and Advocacy Center (SSAC) believes students are most successful when healthy and happy, and strives to help students find that balance for themselves. SSAC is committed to providing an empowering environment for all Mason students to seek support services and to explore healthy life choices. SSAC offers educational programming, one-on-one consultations, and resources in the areas of:

- sexual and interpersonal violence
- financial well-being
- substance use
- collegiate recovery

SSAC also assist students encountering barriers to personal success.

How to make an appointment

- Faculty and staff needing to make a referral on a student’s behalf, please click Make a Referral
- Students wanting to set up a virtual appointment, please click "I am a Mason Student requesting support for myself"
- For general inquiries, assistance with making a referrals or setting an appointment, please call 703-993-3686 or email ssac@gmu.edu.
- For a list of our workshops, please visit SSAC’s website. To request a program or training, please fill out this form.
- For those seeking support around sexual and interpersonal violence please call the 24-Hour Sexual and Interpersonal Violence Crisis Line 703-380-1434 for emergencies and after hour support.

Patriot Pantry

The Patriot Pantry provides access to non-perishable food items and toiletries to Mason students who are unable to afford them. SSAC raises awareness about food insecurity and homelessness within the Mason student population. They strive to educate and unite our community.

Due to the university’s response to COVID19, operations have been altered. For any immediate needs or concerns, please email pantry@gmu.edu or call 703-993-3686.

For more information about Student Support and Advocacy, please visit us online at ssac.gmu.edu.