

# Learning Services

Learning Services assists George Mason University students with “learning how to learn” in order to achieve their academic goals. Many students find that learning and studying at Mason is different than what they were accustomed to in high school or community college. The staff provides a variety of free services to empower students to study effectively, manage assignments, and prepare for exams.

## Academic Coaching

Peer Academic Coaches are available to meet with students virtually to discuss their academic goals, develop study plans, and learn new study strategies. Coaches are trained and supervised by a Learning Specialist. Make an appointment online at <http://tinyurl.com/masonlearning>.

## Academic Success Workshops

Virtual workshops on a wide variety of academic strategies are offered each week throughout the academic year. Space is limited, so students are encouraged to register in advance. Topics include time management, procrastination, reading strategies, exam strategies, and improving concentration, to name a few. Register online through Mason360 <https://mason360.gmu.edu>.

## Online Study Strategy Videos

Videos on adjusting to college, motivation, goal setting, and critical thinking are available online. Check out the Learning Services website or YouTube channel (Mason Learning Services) to access the videos.

## Tutoring Resource List

Free tutoring is offered by some academic departments at Mason. In order to help students locate academic help, Learning Services maintains a list of tutoring resources on their web page. If tutoring is not available for a specific subject, students are highly encouraged to make an appointment for academic coaching with Learning Services because students will learn strategies that can be applied to any course. <https://learningservices.gmu.edu/tutoring-virtual-options/>

## Appointments

Appointments are available online or in-person.

To schedule an appointment, please call 703-993-2999 or visit [tinyurl.com/masonlearning](http://tinyurl.com/masonlearning).

**Location:** Fairfax Campus  
SUB I, Suite 3600

**George Mason University**  
4400 University Drive, 2C4  
Fairfax, VA 22030

Phone: 703-993-2999

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