



SciTech Campus:
Services provided virtually

Call 703-993-2380 to
make an appointment.

Fairfax Campus:
SUB 1, Suite 3129

George Mason University
4400 University Drive
MSN 2A2
Fairfax, VA 22030

Phone: 703-993-2380
Fax: 703-993-2378
Website: caps.gmu.edu

Counseling & Psychological Services

About Counseling & Psychological Services

Counseling & Psychological Services (CAPS) prioritizes access to effective mental health care and services. We serve as an entry point for students to work with mental health providers who assess concerns, discuss treatment options, and connect students with appropriate services on and off campus. We also consult with faculty and staff to provide support and education to the University. As members of the CAPS staff, we consistently strive to integrate multiculturalism into the everyday functioning and structure of our agency.

Services Provided

All students enrolled in classes at Mason are eligible for an Initial Consultation with our office. During that appointment, we will discuss your concerns and review options for support. Students are referred to services based on their concerns to help promote psychological health and academic success. Mental health providers offer the following services at CAPS:

- Group counseling
- Drop-in workshops
- Time-limited individual counseling
- Time-limited psychiatry
- Referral and case management services

Crisis Intervention and Emergency Services

During business hours, students in crisis should call the CAPS office at 703-993-2380 to speak with a CAPS counselor (please check our website for current hours at caps.gmu.edu). If you are a student experiencing a crisis after business hours, please call CAPS at 703-993-2380. After 5pm and on weekends, students will be directed to “press 1” in order to be connected directly to ProtoCall, a crisis intervention service staffed by licensed mental health professionals. Reasons that students may contact ProtoCall range from anxiety or relationship distress to suicidal ideation or other serious mental health issues. However, if a student is experiencing a medical emergency or is in a life threatening situation, the student should contact 911 directly, and clearly state the student’s location (on campus or off campus) for an immediate response. Mason Police may also be called for assistance at 703-993-2810.

How to make an appointment

All appointments on the SciTech campus are scheduled through the Fairfax office at 703-993-2380. Services at SciTech are provided via telehealth by appointment only. Please call the CAPS office to schedule an initial appointment with a counselor.

For more information about Counseling & Psychological Services, please visit us online at caps.gmu.edu.